

AQUA AEROBICS

18 6TH STREET
LINDEN
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CK NO. 95/54635/23

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ABOUT US

Aqua aerobics classes for all ages
and fitness levels.

Classes are 45 minutes long.

Private and heated swimming pool.

All year classes.

Classes offered by a trained
instructor.



CLASS TIMES

Mondays at **17:30**

Thursdays at **17:30**

Saturdays at **07:15**

RATES 2025

R100 per class / pay as you come

R650 per month / unlimited times

R200 enrolment fee due one off

Sign Up Now